

## ROASTED SWEET POTATO WEDGES

2 medium sweet potatoes or yams, cut into wedges

1/8 tsp cinnamon

1/4 tsp salt

1/4 tsp ground cumin

1/8 tsp black pepper

1/4 tsp garlic powder

1. Preheat oven to 450 degrees.
2. Combine sweet potatoes or yams with all the spices in a plastic bag. Seal and shake
3. Place wedges on parchment paper on a baking sheet.
4. Bake for 20 minutes or until very tender, flipping wedges once during cooking.



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